



American Cream News E-Letter



Volume 23 No.3 Fall 2013

2013 Meeting Issue

Location: Fire Station No. 5, Sacramento, CA

A
C
C
D
R
H
A



Officers

<i>President:</i>	<i>Frank Tremel</i>
<i>Vice-President:</i>	<i>Wendell Lupkes</i>
<i>Sec/Treas:</i>	<i>Nancy Lively</i>
<i>Directors:</i>	<i>Belle Davis</i>
	<i>Connie Purchase</i>
	<i>Linda Corson</i>
<i>Webmaster:</i>	<i>Dean Ticks</i>
<i>Editor:</i>	<i>Susan Engel</i>

© American Cream Draft Horse Assoc.

No part of the American Cream News may be reproduced (including photographs) without written permission of the Secretary of the Association.

Many thanks to our California hosts: Belle Davis, Betsy Aufdenkamp, John & Sandy Schwartzler. You did a wonderful job of organizing and planning our meeting, finding us fantastic accomodations and putting on a fantastic show at Gold Rush Days. As always there is a comradery that can't be replaced when we get together to discuss our passion, American Cream Draft horses.

Back row-left to right: Linda Corson, Alice & Matthew Schug, Frank & Paula Tremel, Nancy Lively, Sue Engel, Kerrie Beckett, Connie Purchase and Belle Davis

Front row-left to right: Sandy & John Schwartzler, Karen Smith, Betsy Aufdenkamp, Wendell Lupkes and Nancy McBride

The beautiful vehicle in our background is an antique horse-drawn ladder wagon owned by John Schwartzler.

Frank has asked that I fill in for him this issue, as he is recovering from a minimal illness.

We have the 2013 ACDHA annual meeting behind us, and it was a memorable time for all that could attend. There was plenty of conversation, as well as food and beverage prior to the meeting. It was nice to see some members I hadn't seen for years, as well as several I'd traded emails with, but had never met in person.

The meeting on Thursday was informative, with a good discussion on a number of topics. Among them was micro-chipping of horses, a subject I would have thought not so important had it not been for the identification issues that came up with the rescue/adoption saga we had last winter. Another topic that received the group's attention was the proposal for an upgrading program that would tighten the requirements for a "purebred" American Cream from the current level. Since the original proposal for the upgrading program was based on a 2002 paper by Dr. Phil Sponenberg, the discussion ended with a suggestion to invite Dr. Sponenberg to speak at our 2014 meeting. We elected Frank Tremel and Connie Purchase as directors, and Frank was again elected president by the board.

On Friday, Frank, Sue Engel, Kerrie Beckett and I went on a trip to Grass Valley to visit George Miller. We had a good visit, and I was glad to see George and listen to how things were going for him. We met the remaining horses, but unfortunately we missed meeting the girls. Please remember them in your thoughts and prayers.

After the meeting there is a new energy for positive change. There is a renewed effort to gain approval of a 501C.3 status. Also, Connie Purchase has volunteered to take over the creative side of the website. There will be added a larger "Wanted" portion to the For Sale page, with the thought being it will be open to the general public. I think it will be a good start a creating an opportunity to market horses to potential new members.

Now the leaves are falling and we start to think of the things to be done before winter. Please make sure you get any information on breeding, foaling, deceased or sold horses to Nancy Lively. Take care and enjoy your Creams.

American Cream News is a newsletter for the membership of the American Cream Draft Horse Association, published quarterly, as of 2005. American Cream News welcomes articles, pictures, letters, and classified ads dealing with American Creams and equipment and events dealing with draft horses from our members. Members can enjoy their newsletter electronically, published to our ACDHA website. It is published publically with the intent of educating others about our horses and creating a true interest in there existence.

ACDHA
193 Crossover Rd, Bennington, VT 05201
lively123@comcast.net

Susan Engel, Editor
54658 Bent Rd., Marcellus, MI 49067
sulynnengel@juno.com

Dean Ticks, Webmaster of www.ACDHA.org
info@torchtheweb.com

Wendell Lupkes
Vice-President



FOR SALE



Rose Hill ADBJ463 Lincoln

American Cream Draft Horse
registration #675

Gorgeous American Cream Draft Horse stallion for sale. Foaled in 2007, "Lincoln" has beauty, style and grace. He is kind, smart, willing, gentle and eager to please. He is a proven sire and passes on these traits to his get. He is green broke to ride and has begun line driving. He is pink skinned, medium cream color and JEB negative. "Lincoln" would make a wonderful addition to any breeding program.

Don't miss this unique opportunity!

Proudly offered at \$5,000

Triple Springs Farm
Roy and Cheryl Martin
Dillwyn, VA 23936
863-241-1528

Hello fellow Creamers,

I am a newbie member writing on the importance of not just becoming a member of ACDHA, but a member becoming involved and participating in the Association. We all know everyone has an opinion about everything (and boy, do I!), but what we do about it and how we work together is what really matters and actually makes the difference. There is great dignity in honoring our fellow Creamers in their efforts toward “Saving the Creams”, the primary goal of the ACDHA and all members. As a relatively new member, it is so exciting to learn something new, to hear someone else’s ideas, to make the effort to do something great! My guess is you are all wondering who the heck spews this stuff in one of our newsletters! I am an excited new member who wants to learn, understand, and help.



Who am I you may ask. Well, I am a scientist by day and an animal caretaker the rest of the time. My passion is and always has been animals. I have been involved with domestic animal and wildlife rescue for over 27 years (not counting all the years and animals I brought home while growing up). My success stories have ranged from hummingbirds to owls, mink to seals, and cats and Great Danes to horses. I currently have a farm and rescue that keeps me running in all directions most of the time. Based on a lot of my training at the Michigan State University Animal Sciences and Veterinary School and Diagnostic Lab, I like to specialize in high risk animals and have a special fondness for seniors. One of the horses I helped rescue now lives at Graceland, adopted by Priscilla Presley! No lie!

Here at MerEquus Farm and Rescue, I currently have 6 horses (plus, Dolly still in Michigan), 16 cats, and 2 dogs; the baby birds have fledged and the fox kits sent on their way. Well, that is me in a nut shell. On the Cream-side, however, the story is just beginning.

I have been introduced in a previous newsletter as Timex’s new mom, the gelding of Mike and Nancy McBride. I saw a photo of Timex and was suddenly smitten! How could anyone refuse that handsome face??!! I enlisted my dear friends Dianne and Myron to go look at him, as they live in Michigan, and then I



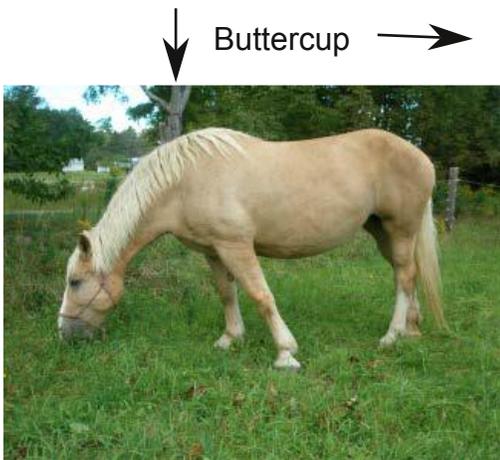
begged Myron if he could bring him out to Maine for me – he did. I had no previous knowledge of Creams, but started hitting the pavement so to speak, once I got Timex. I haven’t stopped yet! Timex is my “Baby Boy”, and I absolutely LOVE him!! We ride and drive as much as we can!

Well, Creams are like the potato chip saying, “You can’t have just one!” I am now up to three.

Since Timex moved in, it has been like the proverbial revolving barn door - I have added 3 more ponies, 2 are Creams. A Cream mare was found at New Holland horse auction in late October 2012 (thanks, Leah!). I

looked at my boyfriend just prior to submitting the credit card payment to secure her and asked what he thought we should do – I had promised no more ponies until the barn was done. He just said, “Well, you cannot leave her there, we have to save her and other Creams if they need to be saved” (he’s a keeper, no doubt about it!). So, in the middle of Hurricane Sandy, I secured a layover stable and transportation until she could be brought home. I had to come up with a name for her transportation papers, Dwayne picked Princess Buttercup. I so desperately wish I knew more about her – if she had been registered, what line she is from, where she came from, what caused the huge scar across her chest, what caused the left eye blindness, who might have loved her, and what kind of babies she threw as she was used as a broodmare. She is as sweet as a puppy! I am just learning to drive her and Timex as a team!! Yippee!!!

continued next page



Timex



After that event of getting Buttercup here and then getting her healthy, the Michigan horse rescue came to a head (GREAT job Wendell, and everyone that jumped in to help save and home them). Well, I knew my dear friend Myron was always up for an adventure, so I called him up and asked if wanted to volunteer with the efforts – he did. I adopted Mare #2. She has since been named Dolly (for Darlins' Dolly Do-a-Dollip). However, she is still in Michigan at Myron's house!! Haha - that shouldn't surprise any of you. Dolly needed some manners, and Myron was there to help, as always. Not to mention, I knew I had created a Creamaholic in Myron!! I feel I am going to have to fight him to get her back!!! Until then, I know she is happy, healthy, and enjoying all the attention!

ACDHA Meeting-2013



I was so thrilled to go to the annual ACDHA meeting this year in Sacramento! I was certainly nervous about meeting all these new people, and injecting myself into the group of Creamers. Oh my gully-gosh! I was amazed at the welcoming and heartfelt kindness everyone has shown me! What amazing people – I mean Creamers!! Of course I went to the meeting with my list of items and questions I wanted to discuss, I had no idea how they would be received. I was again thrilled that they wanted to hear more. Once again I am hitting the pavement and compiling information and data.

I had 3 items I was most passionate about, and I wanted to discuss them at the meeting, they were: 1) Writing a book focused on the Creams (history, heritage, genetics, uses, status, etc.); 2) Micro-chipping Creams, so we do not lose the precious individuals that are an important part of building this breed back up; and 3) Establishing a Rescue Committee for Creams, as part of the Association. By discussing these ideas at the meeting, it would tell me if my ideas were important to the members, and if they were important then maybe we could act upon them and move forward. There are so many reasons why these 3 topics are important to the breed.

Old-time knowledge and experience is irreplaceable, and this is on the mind of other members at the meeting as well. We are at a stage that critical, valuable members are being lost, and their losses are devastating to those whom love them, and the breed that they loved. We must embrace the vast knowledge that the "Old Timers" have diligently accumulated, and also understand the plight as it currently is, which leads me to the first item I brought up, the book.

continued page 8

From the Driver's Seat

First. Thanks to V. P. Lupkes for handling the main Drivers Seat Column I would personally like to thank Belle Davis, Betsy Aufdenkamp and Sandy Schwartzler for taking over the planning and organizing this at a very emotional time after the death of Donna Miller who had been spear heading the meeting.

Second. The meeting was a lot of fun and very interesting. The opportunity to participate with the Schwartzler's and their beautiful, well trained Creams at the Gold Rush Days in Old Sac will long be remembered by all of us. As usual, this meeting gave all of us the opportunity to meet members who, until then, had only been a name. One warning before attending our meetings and activities- DIET FIRST. As a group we seem to go to restaurants and eat more than needed. We had lots of FAMILY discussion around the table for hours on a lot of subjects. This type of discussion can not be done electronically. I find it neat to be able to listen to the different views.

Interesting statistic about our attendance at this meeting, Members were there from California (6), Idaho (1), Iowa (2), Michigan (2), Maine (1), Vermont (1), Maryland (1) and Virginia (1). If my math is right that breaks down to 37% West Coast, 31% Midwest and 31% East Coast. It can't get much better than that. No one area is over represented.

Third. Next year is our 70th Anniversary and will be held in Williamsburg, VA. Karen Smith has already lined up speakers and a very interesting program. Hope we will see a lot of you there. Let's try to make it a meeting with 50+ members in attendance!

Frank Tremel
President

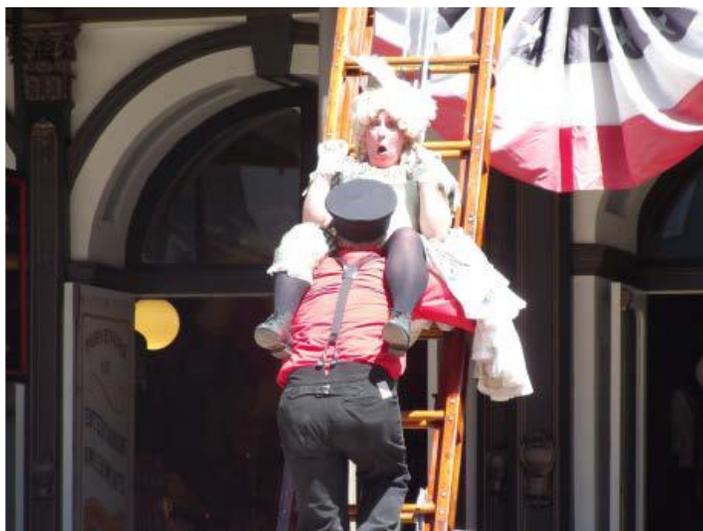


Frank getting dressed for the job.

NOTES:

Late breaking news is that we may have another guest at our 2014 meeting, Clare Rierson has been invited to join us and bring more photos from his Mother's collection of his Grandfather's horses and farm. We certainly welcome him as a valued part of our American Cream draft history lesson that he provides us through his childhood memories.

News of the 2014 meeting from Karen as of 7 November: we will need 20-25 people signed up so we can get the group price to get into Colonial Williamsburg,, so when you make your reservations and finalize you are going she (Karen) needs to be notified either by email @ kvsmith22@yahoo.com or write her at Karen Smith, PO BOX 99, BARHAMSVILLE, VA 23011



One of the firemen saves the "Lovely Lady" OO LA LA

The reason we all collected in Sacramento, California-THE MEETING. A time to discuss what direction we want to take in marketing our rare breed, managing our horses with better records, and what we can do to increase our numbers without compromising our current gene pool.



GOLD RUSH DAYS in Old Sacramento was a great look back at the past and a fantastic way to spend part of our 2013 meeting activities.



Cream Book: I am very passionate about this project, and believe it would benefit the breed, the members, and the Association alike. I have started on a journey of writing an all-encompassing book on Creams. I envision this being a project that includes any member who is interested in participating: by sharing your experiences, breeding plans, ancestry, photos and stories, history, tidbits, thoughts, and ideas. I will welcome anything you would like to share, including the criticism. I am collecting every little tidbit I can find. I started this project as a way of honoring the breed, and sharing their story, while also educating those interested in learning more about them.

Micro-chipping Our Creams: This idea of micro-chipping our Creams came up following both rescue efforts I have been a part of so far, Buttercup from a killpen and Dolly from the Michigan rescue. The microchip provides a relatively permanent form of identification, and allows Creams to be identified if the situation may arise, meaning no lost registered Creams again. Given that there are such limited numbers of Creams for breeding and breed growth, this would allow us to properly identify “unknown” Creams, thus, keeping track of their breeding potential and genetic lines, and keep them as a part of a breeding program (if appropriate). Not losing even one individual of this breed is critical.

Cream Rescue Committee: I pitched this idea to a friend last year; it just makes sense! I have a lot of horse rescue experience, but if there is one Cream out there that I found, there are certainly more that may not have been found. I feel like we cannot let that happen. The only way we could be successful is if we all worked together. So, what I suggested is that we form a committee under the Association that includes 3 regions, East, Mid-west, and West, and we have a representative from each region. If someone learns about a Cream in need, the regional representative is notified. That representative calls on the members that might be closest to the animal. Based on all the efforts and how the members pulled together for the Michigan rescue, I know we have it in us to be successful! Not everyone can provide a home, or transportation, or medical care, but if we work together we have all those things covered! We do fundraising and collect donations to have a fund established under the Association for when a Cream is in need. Here is an example: say there is a potential Cream at New Holland again, that is 10 hours for me, but less than 2 hours for Frank. Frank could go – if willing – verify it appeared to be a Cream, secure the horse through our funds, and transport that Cream to his place for layover. Then the committee would work on identifying (if micro-chipped it is WAY easier!) the Cream, covering any additional needs of the horse, and find a permanent home. Everyone works together for this lost Cream, not just one person, and that makes us powerful and opens doors to succeed.

So, that is me and my newbie perspective! I have already met some awesome members, and looking forward to meeting more of you! I am excited to be a part of this group that is so passionate about a cause – saving the American Cream Draft Horse and building their numbers. I understand that everyone has an opinion about how they think that should be done, and agree that those ideas should be heard by everyone. We need to rally together, listen, understand and proceed! And sometimes that means hearing about new ideas. I am full of new ideas (and can handle if they get shot down), but at the same time I never discount the old ideas, the tried and true ways, or dismiss the logic behind them. That old-time knowledge is critical, especially for the cause of our Creams.

I am passionate about the Creams, I take pride in being a member of the ACDHA, and I am excited about being part of a group that is driven to protect such an amazing draft horse breed. By being active members, it is our efforts and actions that will make the difference. Holy-Crappin-Cow-Beans, that almost sounds like a political ad – just excited!! Thanks everyone and glad to meet you!

by Kerrie Beckett



Timex enjoys this years apple crop.

THE 70th ANNIVERSARY OF THE ACDHA IS 2014!

The annual meeting will be held at Colonial Williamsburg Foundation June 17th through June 20th.

Transportation

The Williamsburg area is served by three airports. The Richmond International Airport (RIC) is 45 minutes to one hour away. Newport News/Williamsburg International (PHF) is 20 minutes away and Norfolk International Airport is (ORF) about one hour away. From personal experience I recommend the RIC or PHF airports if you get stuck in traffic the ORF can take hours to get through traffic. Amtrak also stops twice a day in Williamsburg. There is also a Trailways and Greyhound bus station in Williamsburg.

Accommodations

The Clarion Hotel has blocked a set of 25 rooms. All rooms are double occupancy with double beds; some kings are available on a first come first served. The cost is \$79.00 plus applicable taxes (\$89.69), includes a full hot buffet breakfast up to two people per room. For those who wish to stay longer I have been told they will extend the room rates for the length of your stay. Please reserve a room early by calling 757-229-4100 and make sure to tell them you are with the American Cream Draft Horse Association. Rooms should be reserved no later than May 1, 2014. The Hotel is located at 351 York Street, Williamsburg, VA. 23185, they have a web site www.clarionhotel.com. The hotel has free parking and a restaurant on site; it is located 10 to 15 minute walk to stable and Bruton Heights School.

Program

We are still working on activities but this is what is set so far- arrive June 17th at the hotel then a reception at the stables at 6pm light snacks and drinks with a talk on Rare Breeds by Elaine Shirley supervisor of Rare Breeds and President of Leicester Longwool Sheep Breeders held in Fife and Drum Building (if you want to bring food it is always welcome).

June 18th 9am Dr. Sponenberg will speak at Burnton Heights school auditorium and after for questions and answers till 1pm. Return to stables for lunch. 2:30pm arrive at Great Hopes Plantation for hands on (for those who want to participate) with Ed Schulz supervisor of Farming. Ed promises this to be fun! Dinner that night will be at the Clarion Hotel (TBA).

June 19th Annual meeting at Burnton Heights school starting at 9am till over. Lunch will be catered in and paid in advance. We will have dinner at the Whaling Company (TBA) which is located on RT. 60 about one mile from hotel. You will be responsible for your meal.

June 20th until ? still in planning stage

See you all in 2014!!!!

Karen V. Smith
Supervisor Barn Operation
Colonial Williamsburg Foundation



Even though our Old Sacramento experience didn't have us coming back as prospectors, the "gold" horses pulling wagons throughout the city are just the kind of "gold" we are very passionate about.



Firefighters brought in to save the burning brothel

Captain John Schwartzler of California and DC Deputy Chief Frank Tremel of Maryland lead the rescue with the well trained team of American Cream draft horses pulling the hose wagon.



American Cream News is a publication of the American Cream Draft Horse Assn. and is not to be reprinted or reproduced in any way without written permission from **Nancy Lively**, secretary or **Susan Engel**, editor.



Dear All,

I would like to take a minute and issue a warning to all of you who might be getting older.

Minimal Change Disease. Comes on rapidly, an infection of the kidneys which causes a protein leak. This causes the body to retain fluid. I retained over 40 lbs (5 gals). Looked like a fat tick on a hound dog. Came on suddenly, Thursday am OK. Thursday evening feet ankles and legs swollen. Was at my Dr. whose office is across the hay field from our driveway the next morning. Testing and treatment started immediately but still ended up in the Hospital for 10 days while they sought to control my BP which went up as the retained fluid spread to my chest causing one lung to partially collapse. My liver and thyroid were also affected. 5 weeks later and a lot of recliner time I am basically back to normal. If you ever experience swelling of your feet, ankles and legs suddenly, don't wait. Seek medical help immediately. Every day your kidneys are infected the closer you are to kidney failure.

Thank God this happened after the California meeting.

Frank Tremel

FROM YOUR NEWSLETTER EDITOR

Members I would like to have articles about what you are doing with your horses. Whether it be giving sleigh rides, trail riding, eventing, CDE, waiting for new foals; any and all ways you enjoy them. And of course that would include photos to accompany your writings. If the photos are all you can muster, then by all means send them with explanations of what the photo contains; make sure you give your horses registered names. I will need anything you would like to share with us by February 14 (Valentine's Day). A good way to show us the love you have for your 4-legged friends we all call American Cream drafts.

If any of you have questions that you would like to address to the Association and all the members feel free to write or email me with your questions and I will post them in a column called "Q & A." This way we open up new thoughts and ideas to all the members both the computer savvy and the non-computer savvy. Something we could start with is "How do we go about updating our registry and putting it in a format that can be loaded on our computers or printed out in a usable document?" If this column is going to become a regular feature, please the more response the better.

Don't forget to order your 2014 ACDHA calendar, it is \$25 which includes shipping. Send your order to Nancy Lively, 193 Crossover Rd, Bennington, VT 05201. Also we have Christmas ornaments and other merchandise from ZAZZLE.COM.

The family of member Donna Miller (RIP May 1, 2013) needs your help. They must find homes for their beloved wife and mother's horses. If you want to help, contact Wendell Lupkes and become pre-approved as a new home for any of the horses listed here. There will be a fee involved with each horse since the family really needs to re-coop the cost of care of the horses. It has been a hard-ship on the family to care for these horses since both daughters are in college and no longer living at home and George, although doing his best, is stretched in caring for the horses alone. These are fine horses and have been well cared for. Hopefully our membership can be of help to our dear member's family. Contact Wendell: email- wjlupkes@mchsi.com; mail-4862 W 4TH ST, WATERLOO, IA 50701, phone-319.232.4904

JD's Will's Pride

DOB: 4/24/1997

Sex: Stallion

Sire: JD's Billy (Chris x Dolly)

Dam: Hockett's Sara (Ead's Cap x Hockett's Misty)

Asking price:

Height: 17.1 hands

Josh is our handsome stud who has sired primarily fillies and almost exclusively Creams. He has been genetically tested and carries one champagne gene and one cream gene. He stands at 17.1 hands and is a very light cream color, with amber eyes and mottled pink skin to match. He has a gorgeous, floating trot - his movement is just amazing. Technically, he is one inch too tall for the breed standard for stallions, but in our experience the conformation he passes onto his offspring more than makes up for that.



MCD Joshua's Annabelle

DOB: 5/9/2003

Sex: Mare

Sire: JD's Will's Pride (JD's Billy x Hockett's Sara)

Dam: Jumper's Elvira (Rebel x Jumper's Dixie)

Asking price: call for price

Height (estimated): 15.3 hands



Annie was my mother's primary driving horse. She has experience pulling alone or in a team, both in the show ring and on the trail. My mother took her on a handful of wagon trains and drove her nearly everyday around our property and on our road during the summer for the past few years. Even though she was pulling when my mother's accident occurred, I have no doubt that she would be a reliable puller on her own or in a team.

Ackerman Dan's Lightning Bridger

DOB: 6/1/2000

Sex: Mare

Sire: Ackerman Dan's Lightning (Ackerman's Dan x Clar Ann Blondie)

Dam: Clar Ann Cap's Babe (Ead's Cap x Hoffmeyer's Red)

Asking price: call for price

Height (estimated): 15 hands

Bridger was my mother's trail horse and most prolific broodmare. For those of you who are familiar with Bobbi Sox, currently owned by the Davis': that was Bridger's first daughter, and she has made us all proud! Bridger has a very lovable personality - she was hard to photograph because she kept coming up to see me rather than graze. She's a solid mount, but generally ambles - if you're looking for a more spirited mount, look elsewhere!



Fooler's Bonnie

DOB: 5/20/2002

Sex: Mare

Sire:

Dam: Rimrock Faith (no grandparents on record)

Asking price: call for price

Height (estimated): 15.1 hands

Bonnie's a very pretty mare, even though she isn't a true Cream. She's half Suffolk - while she has cream coloring, she has dark eyes and dark skin. Bonnie was started in driving and my mother worked with her intermittently (when she wasn't busy with Annie's show and wagon train preparation). I believe most or all of her pulling experience has occurred in a team, not single. Bonnie has never gotten pregnant in all the years we have owned her - I do not think she is suited for a breeding program.



Fooler's Betty

DOB: 5/10/2002

Sex: Mare

Sire: Gebel's Fooler (Hockett's Bill x unknown)

Dam: Rimrock Fay (no grandparents on record)

Asking price: call for price

Height (estimated): 15.1 hands

Betty is Bonnie's half sister; the two are very similar in build. Betty has more of a broodmare's belly, though, because she's foaled for us a few times. Like Bonnie, Betty has cream coloring but is dark-eyed and dark-skinned. She's a bit generally more sedate than her sister and acts as lead mare in our herd. Betty has been started under saddle - she's been ridden in the arena and out on the trail a few times, but should have some more mileage put on her even though we have never had an incident with her. She'd make a great trail horse for someone who wants a calmer mount.

Members, you are also able to contact the Miller's directly by emailing daughter Casey or sending the printed form to George at the address listed. Please be advised that these horses need to be rehomed but will not be free and will only go to approved homes. Let's see what we can do to help this family get homes for the horses their wife and mother, Donna, loved. A version of this form is available on-line at <http://www.millerscreamdraft.com/html/mailform.html>

Contact Information for Miller's Cream Drafts

Currently for sale is our stallion, Joshua, and four mares, Annie, Bonnie, Betty and Bridger. Please allow us a day or two for a return response. We are sometimes overwhelmed with family-related issues right now. Thanks for your interest.

The email addresses you include in this form will be used for the sole purpose of responding to your request or comment. We do not collect, sell or trade email addresses or any other information.

Contact Casey Miller @ caseylinnm@gmail.com

Or Write: George Miller, 15022 BEYERS LANE, GRASS VALLEY, CA 95949

Required information is marked in **BOLD**. It would help us if we can have your name and address or email address.

YOUR NAME

PHONE NUMBER

MAILING ADDRESS

YOUR EMAIL ADDRESS

SUBJECT
(edit as necessary)

MESSAGE